

Oppdatert: 11.06.19

Uke 18 (02.-05. mai)

Husebyhallen stor
Husebyhallen liten

Rosenborghallen stor
Rosenborghallen liten

Vikåsenhallen hele hallen
Vikåsenhallen (2/3 av hallen)

Åsveihallen stor
Åsveihallen liten

Munkvollhallen stor
Munkvollhallen liten

Uke 19 (06.-12. mai)

Husebyhallen stor
Husebyhallen liten

Rosenborghallen stor
Rosenborghallen liten

Vikåsenhallen hele hallen
Vikåsenhallen (2/3 av hallen)

Åsveihallen stor
Åsveihallen liten

Munkvollhallen stor
Munkvollhallen liten

Mandag – 29.04.19

Normal rammetid

Mandag – 06.05.19

1600-1730 Sverresborg
1600-1730 Byåsen

1600-1830 Singsaker
1600-1830 Singsaker

1730-1930 Ranheim

Tirsdag – 30.04.19

Normal rammetid

Tirsdag – 07.05.19

1600-1800 Byåsen
1600-1800 Byåsen

1930-2100 Ranheim

1900-2200 Sverresborg
1900-2200 Sverresborg

Onsdag – 01.05.19

Onsdag – 08.05.19

1900-2200 Byåsen
1900-2200 Byåsen

1600-1800 Singsaker
1600-1800 Singsaker

1600-1900 Sverresborg
1600-1900 Sverresborg

Torsdag – 02.05.19

2030-2200 Byåsen
2030-2200 Trygg/Lade

1600-1800 Singsaker
1600-1800 Singsaker

1700-1930 Ranheim

1600-1900 Sverresborg
1600-1900 Sverresborg

Torsdag – 09.05.19

2030-2200 Byåsen
2030-2200 Trygg/Lade

1600-1800 Singsaker
1600-1800 Singsaker

1700-1930 Ranheim

1600-1900 Sverresborg
1600-1900 Sverresborg

Uke 20 (13.-19. mai)

Husebyhallen stor
Husebyhallen liten

Rosenborghallen stor
Rosenborghallen liten

Vikåsenhallen hele hallen
Vikåsenhallen (2/3 av hallen)

Åsveihallen stor
Åsveihallen liten

Munkvollhallen stor
Munkvollhallen liten

Uke 21 (20.-26. mai)

Husebyhallen stor
Husebyhallen liten

Rosenborghallen stor
Rosenborghallen liten

Vikåsenhallen hele hallen
Vikåsenhallen (2/3 av hallen)

Åsveihallen stor
Åsveihallen liten

Munkvollhallen stor
Munkvollhallen liten

Mandag – 13.05.19

1600-1730 Sverresborg
1600-1730 Byåsen

1600-1830 Singsaker
1600-1830 Singsaker

1730-1930 Ranheim

Mandag – 20.05.19

1600-1730 Sverresborg
1600-1730 Byåsen

1600-1830 Singsaker
1600-1830 Singsaker

1730-1930 Ranheim

Tirsdag – 14.05.19

1600-1800 Byåsen
1600-1800 Byåsen

1930-2100 Ranheim

Tirsdag – 21.05.19

1600-1800 Byåsen
1600-1800 Byåsen

1930-2100 Ranheim

Onsdag – 15.05.19

1900-2200 Byåsen
1900-2200 Byåsen

1600-1800 Singsaker
1600-1800 Singsaker

1600-1900 Sverresborg
1600-1900 Sverresborg

1900-2200 Sverresborg
1900-2200 Sverresborg

Onsdag – 22.05.19

1900-2200 Byåsen
1900-2200 Byåsen

1600-1800 Singsaker
1600-1800 Singsaker

1600-1900 Sverresborg
1600-1900 Sverresborg

1900-2200 Sverresborg
1900-2200 Sverresborg

Torsdag – 16.05.19

2030-2200 Byåsen
2030-2200 Trygg/Lade

1600-1800 Singsaker
1600-1800 Singsaker

1700-1930 Ranheim

1600-1900 Sverresborg
1600-1900 Sverresborg

Torsdag – 23.05.19

2030-2200 Byåsen
2030-2200 Trygg/Lade

1600-1800 Singsaker
1600-1800 Singsaker

1700-1930 Ranheim

1600-1900 Sverresborg
1600-1900 Sverresborg

Uke 22 (27. mai - 02. juni)

Husebyhallen stor
Husebyhallen liten

Rosenborghallen stor
Rosenborghallen liten

Vikåsenhallen hele hallen
Vikåsenhallen (2/3 av hallen)

Åsveihallen stor
Åsveihallen liten

Munkvollhallen stor
Munkvollhallen liten

Uke 23 (03.-09. juni)

Husebyhallen stor
Husebyhallen liten

Rosenborghallen stor
Rosenborghallen liten

Vikåsenhallen hele hallen
Vikåsenhallen (2/3 av hallen)

Åsveihallen stor
Åsveihallen liten

Munkvollhallen stor
Munkvollhallen liten

Mandag – 27.05.19

1600-1730 Sverresborg
1600-1730 Byåsen

1600-1830 Singsaker
1600-1830 Singsaker

1730-1930 Ranheim

Mandag – 03.06.19

1600-1730 Sverresborg
1600-1730 Byåsen

1600-1830 Singsaker
1600-1830 Singsaker

Tirsdag – 28.05.19

1600-1800 Byåsen
1600-1800 Byåsen

1930-2100 Ranheim

Tirsdag – 04.06.19

1600-1800 Byåsen
1600-1800 Byåsen

1900-2200 Sverresborg
1900-2200 Sverresborg

Onsdag – 29.05.19

1900-2200 Byåsen
1900-2200 Byåsen

1600-1800 Singsaker
1600-1800 Singsaker

1600-1900 Sverresborg
1600-1900 Sverresborg

1900-2200 Sverresborg
1900-2200 Sverresborg

Onsdag – 05.06.19

1900-2200 Byåsen
1900-2200 Byåsen

1600-1800 Singsaker
1600-1800 Singsaker

1600-1900 Sverresborg
1600-1900 Sverresborg

Torsdag – 30.05.19**Torsdag – 06.06.19**

2030-2200 Byåsen
2030-2200 Trygg/Lade

1600-1800 Singsaker
1600-1800 Singsaker

1700-1930 Ranheim

1600-1900 Sverresborg
1600-1900 Sverresborg

Uke 24 (10.-16. juni)

Husebyhallen stor
Husebyhallen liten

Rosenborghallen stor
Rosenborghallen liten

Vikåsenhallen hele hallen
Vikåsenhallen (2/3 av hallen)

Åsveihallen stor
Åsveihallen liten

Munkvollhallen stor
Munkvollhallen liten

Uke 25 (17.-23. juni)

Husebyhallen stor
Husebyhallen liten

Rosenborghallen stor
Rosenborghallen liten

Vikåsenhallen hele hallen
Vikåsenhallen (2/3 av hallen)

Åsveihallen stor
Åsveihallen liten

Munkvollhallen stor
Munkvollhallen liten

Mandag – 10.06.19**Mandag – 17.06.19**

1600-1730 Sverresborg
1600-1730 Byåsen

~~1600-1830 Singsaker~~
~~1600-1830 Singsaker~~

Tirsdag – 11.06.19

1600-1800 Byåsen
1600-1800 Byåsen

Tirsdag – 18.06.19

1600-1800 Byåsen
1600-1800 Byåsen

~~1900-2200 Sverresborg~~
~~1900-2200 Sverresborg~~

Onsdag – 12.06.19

1900-2200 Byåsen
1900-2200 Byåsen

~~1600-1700 Singsaker~~
~~1600-1700 Singsaker~~
pga arrangement

~~1600-1900 Sverresborg~~
~~1600-1900 Sverresborg~~

Onsdag – 19.06.19

1900-2200 Byåsen
1900-2200 Byåsen

~~1600-1800 Singsaker~~
~~1600-1800 Singsaker~~

~~1600-1900 Sverresborg~~
~~1600-1900 Sverresborg~~

Torsdag – 13.06.19

2030-2200 Byåsen
2030-2200 Trygg/Lade

~~1600-1800 Singsaker~~
~~1600-1800 Singsaker~~

1700-1930 Ranheim

Torsdag – 20.06.19

2030-2200 Byåsen
2030-2200 Trygg/Lade

~~1600-1800 Singsaker~~
~~1600-1800 Singsaker~~

~~1700-1930 Ranheim~~

~~1600-1900 Sverresborg~~
~~1600-1900 Sverresborg~~

Uke 26 (24.-30. juni)

Husebyhallen stor
Husebyhallen liten
Husebyhallen stor
Husebyhallen liten

Rosenborghallen stor
Rosenborghallen liten

Vikåsenhallen hele hallen
Vikåsenhallen (2/3 av hallen)

Åsveihallen stor
Åsveihallen liten

Munkvollhallen stor
Munkvollhallen liten

Uke 27-30 (01.-28. juli)**Mandag – 24.06.19**

1600-1800 Sverresborg
1600-1800 Sverresborg
1800-2000 Byåsen
1800-2000 Byåsen

~~1600-1830 Singsaker~~
~~1600-1830 Singsaker~~

~~1730-1930 Ranheim~~

Ingen trening

Tirsdag – 25.06.19

1600-2000 Byåsen
1600-1800 Byåsen

1800-2000 Trygg/Lade

~~1930-2100 Ranheim~~

~~1900-2200 Sverresborg~~
~~1900-2200 Sverresborg~~

Onsdag – 26.06.19

1600-2000 Byåsen
1600-2000 Byåsen

~~1600-1800 Singsaker~~
~~1600-1800 Singsaker~~

~~1600-1900 Sverresborg~~
~~1600-1900 Sverresborg~~

~~1600-1900 Sverresborg~~
~~1600-1900 Sverresborg~~

Torsdag – 27.06.19

~~1600-1800 Singsaker~~
~~1600-1800 Singsaker~~

~~1700-1930 Ranheim~~

~~1600-1900 Sverresborg~~
~~1600-1900 Sverresborg~~

Uke 31 (29. juli - 04. august)	Mandag	Tirsdag	Onsdag	Torsdag – 01.08.19
Husebyhallen stor Husebyhallen liten				
Rosenborghallen stor Rosenborghallen liten				1600-1800 Singsaker 1600-1800 Singsaker
Vikåsenhallen hele hallen Vikåsenhallen (2/3 av hallen)				1700-1930 Ranheim
Åsveihallen stor Åsveihallen liten				
Munkvollhallen stor Munkvollhallen liten				1600-1900 Sverresborg 1600-1900 Sverresborg
Uke 32 (05.-11. august)	Mandag – 05.08.19	Tirsdag – 06.08.19	Onsdag – 07.08.19	Torsdag – 08.08.19
Husebyhallen stor Husebyhallen liten Husebyhallen stor Husebyhallen liten	1600-1800 Sverresborg 1600-1800 Sverresborg 1800-2000 Byåsen 1800-2000 Byåsen	1600-1800 Byåsen 1600-1800 Byåsen	1600-2000 Byåsen 1600-1830 Byåsen 1830-2000 Trygg/Lade	
Rosenborghallen stor Rosenborghallen liten	1600-1830 Singsaker 1600-1830 Singsaker		1600-1800 Singsaker 1600-1800 Singsaker	1600-1800 Singsaker 1600-1800 Singsaker
Vikåsenhallen hele hallen Vikåsenhallen (2/3 av hallen)	1730-1930 Ranheim	1930-2100 Ranheim		1700-1930 Ranheim
Åsveihallen stor Åsveihallen liten			1600-1900 Sverresborg 1600-1900 Sverresborg	
Munkvollhallen stor Munkvollhallen liten		1900-2200 Sverresborg 1900-2200 Sverresborg		1600-1900 Sverresborg 1600-1900 Sverresborg

Uke 33 (12.-18. august)

Husebyhallen stor
Husebyhallen liten
Husebyhallen stor
Husebyhallen liten

Rosenborghallen stor
Rosenborghallen liten

Vikåsenhallen hele hallen
Vikåsenhallen (2/3 av hallen)

Åsveihallen stor
Åsveihallen liten

Munkvollhallen stor
Munkvollhallen liten

Mandag – 12.08.19

1600-1800 Sverresborg
1600-1800 Sverresborg
1800-2000 Byåsen
1800-2000 Byåsen

1600-1830 Singsaker
1600-1830 Singsaker

1730-1930 Ranheim

Tirsdag – 13.08.19

1600-1800 Byåsen
1600-1800 Byåsen

1930-2100 Ranheim

1900-2200 Sverresborg
1900-2200 Sverresborg

Onsdag – 14.08.19

1600-2000 Byåsen
1600-1830 Byåsen

1830-2000 Trygg/Lade

1600-1800 Singsaker
1600-1800 Singsaker

1600-1900 Sverresborg
1600-1900 Sverresborg

Torsdag – 15.08.19

1600-1800 Singsaker
1600-1800 Singsaker

1700-1930 Ranheim

1600-1900 Sverresborg
1600-1900 Sverresborg

Uke 34 (19.-25. august)

Husebyhallen stor
Husebyhallen stor
Husebyhallen liten

Rosenborghallen stor
Rosenborghallen liten

Vikåsenhallen hele hallen
Vikåsenhallen (2/3 av hallen)

Åsveihallen stor
Åsveihallen liten

Munkvollhallen stor
Munkvollhallen liten

Mandag – 19.08.19

1600-1730 Byåsen

1600-1730 Byåsen

1600-1830 Singsaker

1600-1830 Singsaker

1730-1930 Ranheim

1900-2100 Sverresborg

1900-2100 Sverresborg

Tirsdag – 20.08.19

1930-2100 Nidaros Jets

1900-2200 Sverresborg

1900-2200 Sverresborg

Onsdag – 21.08.19

1900-2030 Byåsen

2030-2200 Nidaros Jets

1900-2200 Byåsen

1600-1800 Singsaker

1600-1800 Singsaker

1600-1900 Sverresborg

1600-1900 Sverresborg

Torsdag – 22.08.19

2030-2200 Byåsen

2030-2200 Trygg/Lade

1600-1800 Singsaker

1600-1800 Singsaker

1700-1930 Ranheim

1600-1900 Sverresborg

1600-1900 Sverresborg

Uke 35 (26. august - 01. september)

Husebyhallen stor
Husebyhallen liten

Rosenborghallen stor
Rosenborghallen stor
Rosenborghallen liten

Vikåsenhallen hele hallen
Vikåsenhallen (2/3 av hallen)

Åsveihallen stor
Åsveihallen liten

Munkvollhallen stor
Munkvollhallen stor
Munkvollhallen liten

Mandag – 26.08.19

1600-1730 Byåsen
1600-1730 Byåsen

1600-1700 Singsaker
1700-1830 Nidaros Jets
1600-1830 Singsaker

1730-1930 Ranheim

1900-2100 Sverresborg
1900-2100 Sverresborg

Tirsdag – 27.08.19

1600-1800 Byåsen
1600-1800 Byåsen

1930-2100 Ranheim

1900-2030 Sverresborg
2030-2200 Nidaros Jets
1900-2200 Sverresborg

Onsdag – 28.08.19

1900-2200 Byåsen
1900-2200 Byåsen

1600-1800 Singsaker

1600-1800 Singsaker

1600-1900 Sverresborg
1600-1900 Sverresborg

Torsdag – 29.08.19

2030-2200 Byåsen
2030-2200 Trygg/Lade

1600-1800 Singsaker

1600-1800 Singsaker

1700-1930 Ranheim